

TIPS AND TRICKS

HOW TO HAVE A SUCCESSFUL DENTAL APPOINTMENT



Gather information about your specific health and dental conditions, medications, and special health needs — you may use a form from the dentist office or the “Pre-Appointment Oral Health Form” from Oral Health Kansas : www.oralhealthkansas.org



Select dentist that matches your needs for specialized dental care — use information about yourself and your dental needs to find a dentist that you can provide your specialized care. Physicians and dentist have specialties so it's important



Find out how to pay for your dental care — ask the dental office staff what type of payment they accept, such as insurance, Medicaid, payment by check, credit card or cash. Be sure to find out what financial documents you need to bring



Put important dental documents together in an envelope to take to the dental office — insurance card; a copy of your “Pre-Appointment Form”; signed consent from that permits the dentist to treat you.



Wear comfortable clothes and take something that can make you feel more secure in the dental chair — you are welcome to bring a blanket or pillow, music to listen to during dental treatment, a book or magazine.



Brush and floss your teeth before going to the dentist — if you can't brush immediately before you go to the dental office, rinse your mouth thoroughly with water and chew sugar-free gum.



Plan to arrive 15 minutes early for your appointment — the dental office needs time to copy your documents and make sure that dental team has all the necessary information.

