



ORAL HEALTH KANSAS

ADVOCACY • PUBLIC AWARENESS • EDUCATION

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After 30 years, Kim Moore has retired from the United Methodist Health Ministry Fund. Although we were sad to see this, we are excited to see what new adventures Kim will be enduring.

We wish him the best of luck!

What Can You Do in Two Minutes? Brush!

February is [National Children's Dental Health Month \(NCDHM\)](#) and is brought to you by the American Dental Association and Crest + Oral B. During this month, dental professionals, healthcare providers and educators promote good oral health.

Dental disease causes children to miss more than 51 million school hours each year and parents lose 25 million work hours annually because of kids' oral disease. We all understand when children miss school, they miss critical learning time. When they have a toothache they can't eat or think properly. Prevention and early detection can help avoid these issues.

What can parents and caregivers do? Brush #2min2x a day with your child. Show them how to brush and talk about the differences or similarities in your teeth. Show them how to floss and tell them why it's important to floss (to



Free Dental Care in February

Give Kids a Smile will be providing free dental hygiene services to local children from underserved families.

For more information call (816) 595-2079 or click [here](#).



Sugary Drink Display

Our sugary drink displays are so popular, we can't keep them on our shelves! Reservations fill up **FAST!**

The sugary drink display has 10 popular beverages and shows how much sugar is in each. We also include some of our [Tips and Tricks](#) fact sheets and brush your teeth mirror clings!

remove plaque!). And don't forget that tongue! It also needs brushing!



We often hear stories that your child doesn't want to brush. Watch [this fun video](#) while brushing. It's 2 minutes long and your child will be brushing until the song is over!

Read a book! Get into the routine of brushing, reading a book and then it's bedtime! The [Brush Book Bed project](#) does just that! If you don't have books on oral health care, that's ok. Any book, magazine or reading material will do!

Food and beverages are an important part of keeping your mouth healthy. Limit sticky and sweet snacks to "special days". Choose water with fluoride as your beverage of choice!

KanCare Expansion Hearing Testimony Deadline

The [Alliance for a Healthy Kansas](#) has announced a KanCare expansion hearing for Wednesday, February 14 in Senate Public Health and Welfare Committee at 9:30 am in room 118-N of the statehouse.

The display is free to use for up to a month, and we reimburse postage! Use a sugary drink display in your office, school, health fair, school camps and more!



Send your reservation request ahead of time to ensure you will have one on hold! [Email us!](#)



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Submit your testimony submission by the end of the day on **Thursday, February 8th** to testimony@expandKanCare.com. This should be in a Word document and addressed to Chair Vicki Schmidt and members of the Senate Public Health and Welfare Committee.



Last week we asked for your help in getting magazines for the Kansas Mission of Mercy (KMOM) patients and wow.....you helped us so much! We received calls and emails and we will have stacks of magazines to take with us! THANK YOU so much!

If you know anyone who would benefit from KMOM, please [share the information!](#) The flyer is also provided [in Spanish](#).



View on Instagram

FREE DENTAL SERVICES!!

KMOM
HUTCHINSON 2018

FEB 9-10 **Clinic Doors Open at 4:30 am**

Kansas State Fairgrounds
2000 N Poplar St • Hutchinson, Kansas

No Appointments - First Come, First Served
Children and Adults

Patient Information:

- Continue taking any prescription medications as directed and bring them along so a dose is not missed.
- Bring a list of current medications, allergies, and health conditions.
- No eligibility, income, or residency requirements needed.
- Services include cleanings, fillings, and extractions...NO dentures.
- Nearly 700 patients will be treated each day so be prepared to wait several hours.
- Biscuits & gravy for breakfast and a hotdog & chips for lunch will be provided at no charge. Bring snacks and water.

A project of Kansas Dental Charitable Foundation

Kansas Mission of Mercy

KIDA
KANSAS DENTAL ASSOCIATION

For KMOM clinic updates during the event, go to the KMOM Facebook page, www.kdentalfoundation.org, or tune into the following stations:

Oral Health Kansas, 800 SW Jackson, Suite 1120, Topeka, KS 66612
info@oralhealthkansas.org