

EARLY CHILDHOOD & SCHOOL ORAL HEALTH CURRICULA AND RESOURCES



Promoting Children's Oral Health: A Curriculum for Health Professionals and Child Care Providers. California Childcare Health Program, Oakland, California, 2005, downloadable printed materials, pp. 76.
www.ucsfchildcarehealth.org

Designed for dental health educators. Audience includes early childhood educators, parents, family consultants, home visitors. Topics include: Oral development, oral habits, oral hygiene, fluoride, healthy eating, injury control, resources and tools. The materials provide lesson plans, information for lectures and workshop activities. The goal is to help early childhood professionals and families care for young children's oral health.

Open Wide and Trek Inside. National Institute of Health Curriculum Supplement, Grades 1 and 2. National Institute of Dental and Craniofacial Research, 2006, downloadable printed materials, pp. 176.
<http://science-education.nih.gov/supplements/nih2/oral-health/default.htm>

This material comes in three formats: a printed publication, one copy available for free through NIH's website; a CD-ROM version, also available through NIH; and printable, downloadable copies through the website above. The supplement is designed for elementary teachers and oral health educators. The lesson plans focus on the scientific principles and oral health literacy. To quote the introduction to the materials on the website: *The unit consists of lesson plans, which are accessed through the Teacher's Guide section of the Web site and the multimedia student activities, which are accessed through the Student Activities page. The Web-based activities for students are only one part of the curriculum unit. The Lesson Plans provide the framework for both the hands-on classroom activities and the Web-based multimedia activities that make up this curriculum supplement. Together, the classroom and multimedia activities enable students to gain a deeper understanding of the science behind this important topic, and how it relates to human health.*

Oral Health Supplemental Curriculum Resource. Lessons and Activities for Preschool, Kindergarten, 2nd grade, and 7th grade. South Carolina Healthy Schools, 2003, pp. 220.

Available for download at www.oralhealthkansas.org

Designed for classroom teachers and oral health educators. The curriculum is written to link to South Carolina's health and safety curriculum standards. Lesson plans are presented in tables, which are organized into factual information, materials, and lessons. The curriculum also contains activities for children, handouts for parents, and educational resources. Lessons and activities are age-appropriate for the target audience.

Smile Smarts! An Oral Health Curriculum for Preschool – Grade 8. American Dental Association. 2007, pp. 53, downloadable from the ADA website:

<http://www.ada.org/public/education/teachers/smilesmarts/index.asp>

Designed for K-6 classroom teachers, school nurses, and dental health educators. The materials are organized into four sections: Shining Smiles for Preschool to 1st grade; A Lifetime of Healthy Smiles for grades 2nd – 3rd; Teeth to Treasure for grades 4th – 6th; Watch Your Mouth for grades 7th – 8th. Each section contains flexible, modular lesson plans, support materials, hands-on classroom demonstrations, student activity sheets, and suggestions for further oral health activities.

Dental Health Education: Lesson Planning & Implementation, 2nd edition. Lori Gagliari, RDA, RDH, Med. Pearson Education. Appleton & Lange, Stamford, Connecticut, 2007. pp. 209, paperback, 3-hole punch paper, \$35 on

www.amazon.com.

Designed for K-6 classroom teachers, school nurses, dental health educators. Content includes: Planning for presenting lesson plans; Dental health lesson plans – fluoride, plaque control, toothbrushing, flossing, nutrition, safety, tobacco, dental visits, and children needing special care; Community outreach programs; Integrating oral health into the academic curriculum. The book also includes handouts for parents in English and Spanish, educational classroom activities for children, bibliography, and glossary.

Look Mom... No Cavities. A Dental Health Education Adventure Kit. PDC Press, Inc. pp. 70, 3-ring notebook. Education Curriculum Program Kit, \$89.95, plus supplemental materials for additional fees. To order:

<http://www.lookmom.com/eprogram.html>

Designed for classroom teachers. The notebook is divided into 6 sections: cavity prevention, tooth decay, teeth and bacteria, oral health habits, nutrition, career development. Each module includes background information, lessons, activity sheets, and extension activities and projects. The lookmom.com website offers additional materials to expand the lesson plans. Each section contains content for age groups: 5 – 8 and 9 – 18.

K-12 Oral Health Education Curriculum. PowerPoint Presentations. Missouri Department of Health and Senior Services, 2007, downloadable from the website:

<http://www.dhss.mo.gov/oralhealth/OralHealthEducation.html>

The Department of Health and Senior Services has developed a set of eight different PowerPoint presentations to address oral health issues pertinent to each age group. The colorful graphics and comprehensive content are designed to be used by classroom teachers and dental health educators. They are useful for introducing students to issues related to their own oral health as well as for stimulating discussion about ways to prevent oral disease.