Dental Educational Resources Available!

Oral Health Kansas has several resources available to teach kids and adults how to make good choices about their oral health every day. Some can be downloaded or accessed online; one is available to borrow, and others may be purchased. They can be used in schools, libraries, health departments, clinics, and anywhere else you can imagine. Check out the resources, and let us know if there are other resources that can be of help to you!

www.oralhealthkansas.org | info@oralhealthkansas.org

Tips and Tricks

Dozens of one-page fact sheets share tips for families on oral health and are available as free downloads. They are in both English and Spanish at www.oralhealthkansas.org/Consumers.html

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Weekly Wednesday Update

An e-newsletter with policy and advocacy updates, stories about successes in Kansas, and local, state and national resources. Visit our website to see past issues and join the Weekly Wednesday Update list.

www.oralhealthkansas.org/WWU.html

Social Media

Like us on Facebook @OralHealthKansas
Follow us on Twitter @OralHealth_KS

Advocacy Tools

Find Oral Health Kansas' policy priorities and theory of change, as well as legislative testimony and policy letters.
**Dental Acid Attack Kit**

This fun experiment gets people involved in seeing how their food and beverage choices affect their oral health. It’s great for all ages and can be used in classrooms, at health fairs, and during library story times.

The Dental Acid Attack Kit contains everything you need to demonstrate the effect of sugary foods and drinks on teeth.

Each kit can be used up to 75 times, and the supplies inside can be refilled.

**Coming soon:**
- A classroom-size kit that will allow up to 20 people try the demonstration at the same time
- A video to show how the experiment works

**Non Profit Price:** $40  **For Profit Price:** $60  **shipping fee not included**

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**Mighty Molar Cavity Quiz**

Are you and your family at risk for cavities? Take the Mighty Molar Cavity Quiz to assess your risk. It’s a short on-line quiz that helps you determine if your habits are putting you at risk for developing cavities. Check it out at [www.cavityquiz.org](http://www.cavityquiz.org)!

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**Sugary Drink Display**

The Sugary Drink Display is a fun and educational way to discover the amount of sugar in popular drinks. Perfect for all ages, the drink display shows how many teaspoons are in popular drinks such as chocolate milk, sports drinks, soda, and more.

We make free month-long reservations for the displays but if you’d rather have your own to use as often and as long as you’d like, you can purchase a drink display kit.

Each kit contains the following:
- 10 commonly purchased beverages
- 10 glass jars with corresponding sugar amounts
- Labels for each drink listing its sugar amount
- 4 oral health educational flyers on juice, soda, healthy eating, and toothbrushing
- 3 laminated posters

All written materials are in English and Spanish. Oral health books and a large mouth model can be added to your order to give extra punch to your message.

**Non Profit Price:** $40  **For Profit Price:** $60  **shipping fee not included**
Conference on Oral Health *
Each year, we host an annual conference that provides networking opportunities and educational sessions on oral health policy, promising practices in public dental health, and water fluoridation. The Excellence in Oral Health Awards are presented each year during the conference.

The 2020 Conference will be held on November 13. Learn more at www.oralhealthkansas.org/Conference.html

Thirsty for Health *
Initiative working with school districts to encourage students to drink water throughout the school day by making policy changes, infrastructure updates, and teaching kids why water is a great choice. Learn more about how to adopt Thirsty for Health and about additional services and resources available to educate students about the importance of water by emailing info@oralhealthkansas.org.

Dental Champions Leadership Program *
Year-long program to develop state-level leaders with a progressive vision of oral health improvement. Nine classes have graduated from Dental Champions since 2005. Learn more at www.oralhealthkansas.org/DentalChampions.html.

Population-specific education
The website contains webpages dedicated to understanding the unique oral health needs of people with autism, developmental disabilities, and older adults. www.oralhealthkansas.org/Populations.html

Webinars & educational materials
The Oral Health Kansas website includes several free webinars and educational resources, including:
- Understanding how to enroll in a dental plan through the Kansas Marketplace
- Helping people with autism brush their teeth
- Motivational interviewing techniques for dental professionals
- Toolkit for dental hygiene Extended Care Permits

Oral Health Kansas offers several workshops for groups:

Teeth for Two *
Teaches home visitors how to help pregnant women understand their & their baby’s oral health

Teeth for Tots *
Teaches home visitors how to help families understand the oral health of their kids age 0 to 3

All Aboard the Cavity-Free Express *
Experiential activity for families to learn what they can do to help their kids grow up cavity-free

Feeling Good About Your Smile *
Teaches people with developmental disabilities how to take good care of their teeth

* A registration fee or other charge applies
Did you know?
Each time you take a sip of a sugary drink, your teeth experience a 20-minute acid attack.

Drinking sugary drinks only at mealtimes will ensure teeth have limited exposure to acid, which can cause tooth decay.

Sip All Day Get Decay Magnets
- 250 magnets for $225
- 500 magnets for $350
- 1000 magnets for $600

Did you know?
If you drink one 20-ounce soda each day for a month, you will have consumed the equivalent of a five pound bag of sugar!

Consider the impact that much sugar can have on diabetes, weight, heart disease, and oral health.

Five Pounds of Sugar Magnets
- 250 magnets for $225
- 500 magnets for $350
- 1000 magnets for $600

Magnets
Oral Health Kansas has two magnets available to show families how to be aware of what they drink. Each is a 5.5” x 4.25” magnet that is a great reminder on refrigerator doors.
Order Form

Email this form to info@oralhealthkansas.org or call us at 785-235-6039 to order. Items will be shipped upon receipt of payment.

Organization _________________________________________________
Organization’s status:  ☐ Non profit  ☐ For profit
Contact Person ________________________________________________
Address ______________________________________________________
City __________________________ State _________ Zip _____________
Email __________________________ Phone _________________________

Prices effective June 1, 2019

Sip All Day Get Decay Magnets
☐ 250 magnets ($225)       ☐ 500 magnets ($350)       ☐ 1000 magnets ($600)
☐ Shipping (pick-up is free)  Yes ________ $5

Five Pounds of Sugar Magnets
☐ 250 magnets ($225)       ☐ 500 magnets ($350)       ☐ 1000 magnets ($600)
☐ Shipping (pick-up is free)  Yes ________ $5

Dental Acid Attack Kits  Quantity ________ $40 / $60
☐ Shipping (pick-up is free)  Yes ________ $10 in-state/$15 out-of-state

Sugary Drink Display:
☐ Adult (includes coffee & tea)  Quantity ________ $40 / $60
☐ Child (includes juices & milk)  Quantity ________ $40 / $60

Additional accessories:
☐ Two children’s oral health books  Quantity ________ $15
☐ Mouth model and toothbrush  Quantity ________ $49
☐ Plastic carry tote  Quantity ________ $25
☐ Shipping (pick-up is free)  Yes ________ $20

Total  $__________
Payment Information

☐ Check (payable to Oral Health Kansas, Inc.)
☐ Please send invoice
☐ Credit Card

Credit Card Number ________________________________  Exp Date _____  C V V _____
Card Holder Signature ________________________________ Card Zip Code __________

Please submit this form and payment to:
Oral Health Kansas, Inc.
712 S. Kansas Ave., Suite 412, Topeka, KS 66603
info@oralhealthkansas.org
Phone: 785-235-6039
Fax: 785-233-5564

www.oralhealthkansas.org