

ORAL HEALTH KANSAS

ADVOCACY • PUBLIC AWARENESS • EDUCATION

Volume 7, Issue 39

September 28, 2016

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Dental Champions Corner

Congratulations to Dr. John Fales (Class IV) on his advocacy for Medicaid dental services. He has been speaking out about the effects the KanCare rate cuts are having on Kansans' ability to find dental care. Read about Dr. Fales' advocacy in [this story](#) from the KHI News Service and listen to [this story](#) from Kansas Public Radio.

Dr. Fales is a member of the Oral Health Kansas Board and is the President of the Kansas Dental Association Board.

OHK Conference early bird registration deadline is 5 days away!

If you have not registered for the Oral Health Kansas Conference, the early bird registration ends **Monday, October 3 by 5 pm. Register by Monday and save up to \$20 per registration!**



The conference is November 3-5. The first 80 people to register will receive a complimentary copy of our Keynote Speaker, Michael Shermer's book *Why People Believe Weird Things*.



Attend a KanCare forum in your area

[The Alliance for a Healthy Kansas](#) is busy again making stops in your city. If there's a KanCare forum in your area, be sure to attend. Alliance for a Healthy Kansas is working to expand the state's Medicaid program and wants to hear from consumers like you!

September 29 6:30pm

Hays
Sternburg Museum
Expeditions Mtg Rm, 3000
Sternberg Dr.

October 4, 6:30pm

Paola
Paola Community Center
905 E. Wea

Wednesday, October 5, 6:30pm

Atchison, Kansas
Trinity Lutheran Church
603 N. 8th St.



This year, the conference will include exciting new features, as well as familiar favorites:

- A panel of statewide experts reflecting on changes in oral health in the 15 years since the Surgeon General's Oral Health Report
- Kansas communities inspired to meet the oral health needs in the WIC program, among homeless people, and with the behavioral health community
- Practical ways dental practitioners can help trauma survivors overcome dental anxiety
- Dr. Michael Shermer book signing
- Fascinating new vendors
- Celebrating the best in oral health with the Excellence in Oral Health Awards

The conference will be at the Doubletree Hotel in Overland Park, Kansas. A block of rooms under Oral Health Kansas will be available until **October 11**.

To reserve your room call Reservations at 913-323-1947 between 7am-4pm or the front desk 24/7 at 913-451-6100. Ask for the block under Oral Health Kansas or click on this [link](#) to reserve online. The block code is OR3.

Vitamins and how they help your oral health

Are you eating enough vitamins? Vitamins can help you with your oral health. We all want a beautiful smile and need to take care of our teeth. [Here](#) are some vitamins that will help with just that! Now you will know which foods to eat and what to drink that can be good for you in many ways!



Sugary Drink Display

Last week we attended a conference and had lots of attendees stop to ask about our sugary drink display. This also gave us the opportunity to educate on healthy sips and acid attacks.

Our sugary drink display contains 10 popular beverages and shows how much sugar is in each. The display is free to use, we reimburse postage. You must sign up to reserve a sugary drink display. Slots fill up fast so if you need it for a specific date, please check in with us in plenty of time.



To find out more about our conference visit our [website](#). You will also find information on how to be an exhibitor.

Oral Health Kansas will co-host Shawnee County candidate forum

On Wednesday, October 19th several Topeka-based organizations will be host a candidate forum at the Topeka and Shawnee County Public Library. The forum will begin at 6:40 pm, and seating is limited.

The two candidates for the Kansas State Board of Education will be featured at 6:40 pm and at 7:00 pm local legislative races will take center stage. The topics of discussion will be state budget and tax policy, judicial selection process, and Medicaid expansion.

The organizations co-hosting the forum are:

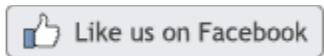
- Community Action, Inc.
- Community Resource Council
- ERC Resource and Referral, Inc.
- Fast Forward
- Greater Topeka Chamber of



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- Commerce
- Heartland Visioning
 - Informed Voters of Kansas
 - InterHab
 - League of Women Voters of Topeka and Shawnee County
 - Oral Health Kansas and Shawnee County Oral Health Coalition
 - Topeka Bar Association
 - *Topeka Capital-Journal*
 - Topeka and Shawnee County Public Library
 - United Way of Greater Topeka
 - YWCA of Northeast Kansas

For more information, contact Doug Bowman at 785-235-6039 or dbowman@oralhealthkansas.org.



Fun experiments on oral health

We tell our kids to brush for two minutes. But do they understand why we should? To help kids understand we need to explain in terms they can relate to [here](#) are some fun experiments you can do with your kids. The experiments are in both English and Spanish.

Doing some of these activities might make it more fun when it's time to brush and the kids will understand why it's so important!



HANDS-ON EXPERIMENTS



How Do I Take Care of My Teeth?
These hands-on math and science experiments will teach oral health lessons that last a lifetime.

ENGLISH > | SPANISH >

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