



# ORAL HEALTH KANSAS

ADVOCACY • PUBLIC AWARENESS • EDUCATION

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## Dental Champions Corner

Last week, the Dental Champions Class 7 celebrated their graduation with OHK board members in attendance. We wanted to thank Class 7 for all of your bright minds coming together to improve oral health in Kansas!

Dental Champions David Sanford (Class 1) and Krista Postai (Class 2) were featured in a [Kansas Public Radio story](#) this week about the growth of Community Health Centers in Kansas. The story focused on how difficult it is for uninsured Kansans to get the healthcare they need. Congratulations to David and Krista for their

## Kansas Town Takes Dental Care To School

Schools in Olathe, Kansas, provide dental care services in their school district. Partnering with a clinic in town, a dentist comes to the school to provide services, making it accessible to students who might not otherwise visit a dentist. Although the program is geared to provide oral health care to students and overcome barriers, the hope is for after care to continue. Students may be referred to a dentist, but follow up results have been low. At the start of 2009, of the 339 children treated in school by dental hygiene students from the University of Missouri-Kansas City, 63 percent had tooth decay and were referred to a dentist. By the end of the school year, only 11 percent of those referred had had their parents contact a dentist's office to schedule an appointment.

For this school year, the oral health program in Olathe is expanding from 10 to 12 elementary schools, and adding two high schools.

organizations' outstanding work to meet the needs of thousands of Kansans!



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## Does your child not want to go to bed?

American Academy of Pediatrics (AAP) provides a simple message for parents: Brush, Book, Bed. The message can help parents begin a routine with their child. Brush their teeth, read a book for 15 minutes and time for bed! Read the [message](#) with resources which is also available to hear in Spanish.



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## Think Big! Start Small

Kansas Action for Children (KAC) created an online toolkit to improve health for young children across the state. The toolkit can be used by child and health care providers, community groups and organizations and many more.

For

[Read more about their great work!](#)



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## What people drink when they don't drink water

What does someone drink if they don't drink water? It might depend on where he or she lives. [An article in the Washington Post](#), shares a [recent study](#), that 187 countries were surveyed with amazing results on what the countries preference was. Fruit juice consumption was the highest in New Zealand and in Columbia it exceeded three-quarters of a serving/day. The United States ranked 21st out of the 187 countries. Adults in Sweden and Iceland consumed the most milk and adults in Costa Rica, Bosnia and Herzegovina, Finland, and Sri Lanka also consumed over 1.3 servings/day on average. For milk consumption, the United States ranked 64th out of 187 countries. Interesting fact: the study also showed, your age depended on how much milk you consumed.

information: [thinkbigstartsmall](http://thinkbigstartsmall.org)



## Save the Date!

The 2015 Oral Health Kansas Conference will be November 12-14 in the Johnson County area at the Olathe K-State University campus.

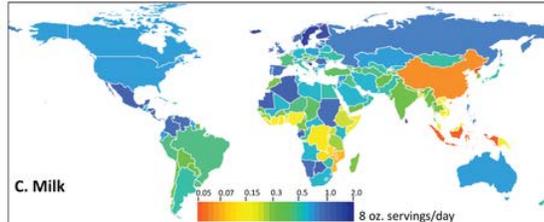
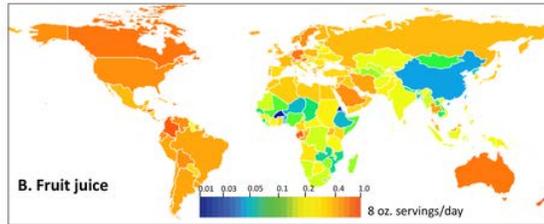
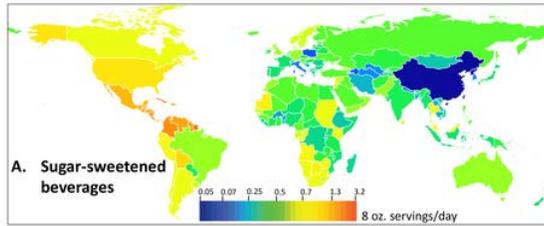
Registration for the conference will begin soon!



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The maps above indicate the amount of beverages consumed in various regions.

## New and Improved....Drink Display!

We are excited to share the new look of our drink display! The display is a great resource to show children and parents how much sugar is in their favorite drink! We have drink display's with beverages preferred by adults and drink display's geared towards beverages for children. It also includes infographics to show sugar consumption and acid attacks!

The display has been traveling around Kansas visiting schools, health departments, dentists offices and so many more! If you have an event in your area, please contact us for a drink display. The display is completely free, and return shipping costs are reimbursed by Oral Health Kansas. What a fun way

Follow us on 

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to teach families about healthy beverage choices!

To reserve a drink display, [email us](#).



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