

From: Oral Health Kansas [jparnell@oralhealthkansas.org]
Sent: Wednesday, August 11, 2010 3:26 PM
To: jparnell@oralhealthkansas.org
Subject: Oral Health Kansas Weekly Wednesday Update



ORAL HEALTH KANSAS
Weekly Wednesday Update

*Our Mission:
To improve oral health
in Kansas through
advocacy,
public awareness
and education.*

Volume 1, Issue 31

August 11, 2010

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**Innovative Ideas Expo
deadline is less than a
month away!**

The 2010 Oral Health Kansas
Conference will feature an Innovative
Ideas Expo.

This new element to the conference
will offer participants the chance to

Expanded Federal Medicaid Match Rate Approved

In recent weeks Oral Health Kansas has asked you to contact your members of Congress and encourage them to support the six month extension of the expanded federal matching rate for the Kansas Medicaid program. Last week the Senate passed the bill. Yesterday the House passed it, and the President signed it into law. The extension of the expanded federal Medicaid match rate will ensure Kansas has the funds necessary to meet the Medicaid budget obligations for state fiscal year 2011, which ends June 30, 2011. If the bill had not passed, Kansas would have faced a new \$130 million deficit, and more cuts would have been made.

Thank you for your calls and emails to members of the Kansas Congressional delegation. The best advocacy comes from people talking directly with their representatives.

To read Governor Parkinson's statement about the bill's passage, please [click here](#):



learn about some of the exciting projects in oral health across the state through interactive poster displays.

If you have a project you would like to share with your colleagues across the state, please [click here](#) to learn more and submit your idea for inclusion in the Innovative Ideas Expo by August 27.

Save the Date!

*A New Decade
for Oral Health:*
THINK BIG

**2010 Oral Health Kansas
Conference
December 2-3, 2010**

**Capitol Plaza Hotel
Topeka, Kansas**

Featuring: Perspectives on National Healthcare Reform from Kansas Insurance Commissioner Sandy Praeger and Children's Dental Health Project Executive Director Cathy Dunham

KAMU Taking Calls for Free Dental Care

New federal funding is available for dental services through the Kansas Association for the Medically Underserved.

For more information [click here](#).



The Truth About Healthy Teeth

Brushing, flossing, and visiting the dentist twice a year are standard for oral health care that most know about, but there are more health benefits to taking care of your teeth that many don't know about.

"There are still many myths about oral health that people truly believe," said Kenneth Bueltmann, D.D.S., president of the American Academy of Periodontology. "If we can dispel these myths and educate children and adults about the real facts of proper oral hygiene, we might be able to help save teeth and produce a lifetime of smiles."

Do you know what is fact and what is a myth when it comes to your oral health? Read the list below to determine which you think are facts and which you think are myths. Then read the article below the list to see if you were correct and what you now know to be a fact instead of a myth.

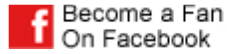
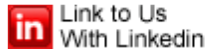


1. Sugar is the Prime Cause of Cavities?
2. Exposure to Acidic Foods Like Lemons Causes Tooth Decay?
3. Kids Are a Lot More Likely to Get Cavities Than Adults?
4. Aspirin Placed Next to a Tooth Will Help with a Toothache?
5. All Fillings Eventually Need to be Replaced?
6. If you have a Cavity You'll Know It?
7. Once a Tooth is Treated, the Decaying Stops?
8. Cavities Are More Likely Between Teeth?
9. Gaps in Teeth Encourage Cavities?
10. Chips and Cracks in Teeth Lead to Decay?
11. Sensitivity in Teeth Means You Have Decay?
12. Cavities Are the Prime Reason for Root Canals?
13. Clenching and Grinding Leads to Cavities?
14. You Don't Need to Worry About Cavities in Baby Teeth?
15. Brushing and Flossing is the Best Way to Prevent Cavities?

[Click here to read the full article on Oral Health Facts and Myths](#)

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If you have an idea, story or suggestion for a Oral Health Kansas Weekly Wednesday Update please send an email to jparnell@oralhealthkansas.org



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