

Julie Parnell

From: Oral Health Kansas [jparnell@oralhealthkansas.org]
Sent: Wednesday, June 09, 2010 3:21 PM
To: jparnell@oralhealthkansas.org
Subject: Oral Health Kansas Weekly Wednesday Update



ORAL HEALTH KANSAS
Weekly Wednesday Update

*Our Mission:
To improve oral health
in Kansas through
advocacy,
public awareness
and education.*

Volume 1, Issue 23

June 9, 2010

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**SAVE THE
DATE**



A New

Extend Higher Medicaid Match Rate through June 2011

ACTION NEEDED!

BACKGROUND:

As a part of the federal stimulus plan last year, the federal Medicaid match rate, known as the Federal Medicaid Assistance Percentage (FMAP), was increased. Before the stimulus plan, the federal government paid about 60 cents of every dollar spent on Kansas Medicaid services. Because of the stimulus plan, the federal government has been paying about 70 cents of every Medicaid dollar in Kansas for the past year, saving the state of Kansas hundreds of millions of dollars and preventing even more devastating Medicaid program cuts.

Please contact Senators Brownback and Roberts to ask them to support the extension of the current elevated Federal Medicaid Assistance Percentage (FMAP) that is being debated in the U.S. Senate and will be very important to Kansas at the end of this year!

Originally, both the House and the Senate acted to extend the extra match through June 2011, the end of the fiscal year for Kansas. Last week the U.S. House of Representatives removed the funding for the FMAP extension from the federal budget. Without an extension, the money will run out December 31, 2010, and many states will be forced to make drastic cuts to the federal-state program. Kansas would lose approximately \$150 million in the fiscal year that begins July 1, 2010.

*Decade for
Oral Health:*
THINK BIG

**2010
Oral Health Kansas
Conference**

*December
2nd & 3rd,
2010*

Capital Plaza Hotel
Topeka, Kansas

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Kansas Medicaid dental services already have been cut during this severe recession. The ten percent rate cut for the limited dental services still available through Medicaid will be restored July 1, 2010. Without the additional FMAP dollars, Medicaid funds will be in jeopardy again on January 1, 2011.

Please take action today to contact Senators Brownback and Roberts and ask them to reinstate the FMAP funding in HR 4213. Ask them to keep the higher match rate in place through June 30, 2011.

To Contact Kansas Senator Sam Brownback **CLICK HERE:**
<http://brownback.senate.gov/public/contact/emailsam.cfm>, or write, fax or call him at:

Senator Brownback
303 Hart Senate Office Building
Washington, DC 20510
Phone: (202) 224-6521
Fax: (202) 228-1265

To Contact Kansas Senator Pat Roberts, **CLICK HERE:**
<http://www.roberts.senate.gov/public/index.cfm?p=EmailPat>, or write, fax or call him at:

Senator Roberts
109 Hart Senate Office Building
Washington, D.C. 20510-1605
Phone: 202-224-4774
Fax: 202-224-3514

Why is it Important to Floss?

Many people ask, "Why flossing is important and do I have to floss every day?" You may have had a long and busy day; you have brushed your teeth and even rinsed with a fluoride rinse such as Listerine, so why should you still floss?

The mouth is the main entering point to the rest of your body. Everything that is in your body entered through your mouth. We eat and drink through our mouths so all the food and liquids enter the body here. Bacteria enters the body through the mouth as well. Brushing and rinsing with a mouth rinse will do a good job of cleansing the bacteria from your mouth, but the bacteria that is hiding in the plaque cannot be removed by brushing and rinsing alone. It needs to be flossed out. Nearly 40% of your tooth surface remains untouched when you brush and rinse. The only way to reach that 40% is to floss.

Dentist and hygienists recommend flossing twice a day if possible and at least once a day for the very minimum. Here are a few reasons why you should

listen to the dentists and hygienists and floss once or twice a day:

Prevents tooth decay

Plaque left between teeth can cause cavities, and when plaque is mixed with sugar, the bacteria then begins the process of tooth decay.

Prevents gum disease

The inflammation of your gums or gingivitis is the first sign of gum disease.

Prevents bad breath

Bad breath is mainly caused by plaque left in your mouth.

Prevents tartar buildup

Tartar is the buildup of plaque on your teeth. Brushing and flossing will help with the buildup of tartar.

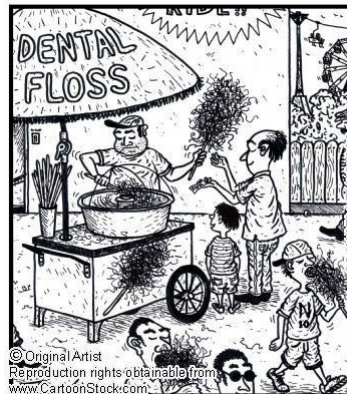
Reduces the risk of heart disease

Plaque in your mouth contains dangerous bacteria, and since the mouth is the gateway to the entire rest of the body, once that dangerous bacteria is in your mouth it has the capability of traveling within your body. It can even travel to your heart and affect your heart tissue; eventually it may lead to heart disease.

Fairy Floss

Fairy Floss has been traced back 1897, when two Tennessee candy makers, William Morrison and John C. Wharton from Nashville, invented the first electric cotton candy machine that allowed crystallized sugar to be poured onto a heated spinning plate. Melting the sugar into a liquid state, then using centrifugal force to spin the sugar and then forcing it through tiny holes creating, as they called it, fairy floss. The two were given a patent for their invention in 1899. They took their discovery to the St. Louis State fair in 1904. At the fair, they sold the Fairy Floss in chipped - wood boxes for 25 cents each. They sold 68,655 boxes.

The city of New Orleans claims that Josef Delarose Lascaux, a dentist, invented Cotton Candy and the Cotton Candy Machine.




For more fun facts check out these websites to learn about Fairy Floss!

www.cottoncandy.net/history.html

<http://www.standardconcessionsupply.com/page/page/2259880.htm>

Oral Health Kansas has developed many resources over the years to help with patient and consumer education. Oral Health Kansas has created many resource pages we call, "Tips and Tricks." These are one page fact sheets that are colorful, simple and concise. They are targeted toward the everyday consumer. Please find attached to this week's Weekly Wednesday Update our Tips and Tricks on Flossing. You are more than welcome to print and distribute our Tips and Tricks.



**Dental Care for Patients
with Special Needs**

Presented by
Dr. Ray Lyons, D.D.S

JUNE 25, 2010

DELTA DENTAL
1619 WATERFRONT PARKWAY
WICHITA, KANSAS

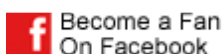
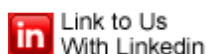
8:30 - 12:00

THE COURSE HAS BEEN APPROVED FOR
3 HOURS OF CE

REGISTRATION IS FREE AND LIMITED TO 100 PERSONS

For information or to register for the conference, call 785-296-5116 or email astreeter@kdheks.gov

If you have an idea, story or suggestion for a Oral Health Kansas Weekly Wednesday Update please send an email to jparnell@oralhealthkansas.org



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