WEEKLY WEDNESDAY UPDATE

The Weekly Wednesday Update is our newsletter which we email every Wednesday with oral health, health and policy updates from around the state and nationally.

To view past issues click here.
Click here to sign up for our Weekly Wednesday Update.

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Feeling Good About Your Smile Training In Arkansas

Kathy Hunt, OHK's Dental Program Director, traveled to the state of Arkansas last week to conduct two pilot training sessions on “Feeling Good About Your Smile”. Feeling Good About Your Smile is a 90-minute hands-on workshop for improving oral health that is designed for
people with intellectual/developmental disabilities and their caregivers.

There was an average attendance of about 25 people. This included a total of six hygienists that are now trained to give these workshops in Arkansas!

Symposium Attendees Learn About Community Water Fluoridation

Kelly Rippel, Community Water Fluoridation Specialist, spoke and exhibited at the Kansas Community Health Worker Symposium organized by Wichita State University on Tuesday June 11th. He presented on the topics of encouraging others to choose water as a first drink of choice and talking about community water fluoridation. Resources were provided to community health workers to become more familiar with the subject matter and how to effectively communicate with families about the importance of good oral health habits for overall health.

Learn more about fluoridation in your community at the Fluoride in Kansas website!

Sippy Attends Super Foods For Super Heroes Event

Last week Sippy and OHK staff traveled to Emporia, Kansas to attend a WIC Fair, Super Foods For Super Heroes! Staff and Sippy visited with organizations and families, sharing the importance of drinking water and healthy beverages. Families were interested in resources about baby’s first trip to the dentist. Staff also connected with organizations dedicated to infants and toddlers and shared ideas on how they can be educating their families and children how to take care of their oral health.
How To Choose Healthy Snacks This Summer

Kids are home all day long during the summer and some will snack all day. Monitor what your child is eating and making sure it's healthy foods or beverages and not sweet treats! The U.S. Food and Drug Administration recommends that people age 3 and older should consume no more than 12.5 tsp. each day of added sugar. Have fresh fruits and vegetables available as snacks throughout the day.

Our Child Sugary Drink Display is a good educational tool, showing how much sugar is in beverages children like to drink. We have received feedback from kids that they didn't realize how much sugar is in pop and sodas. When they see the jars full of sugar, their response "that's gross" provides us the opportunity to offer other beverage options such as water instead!

Kip Duchon, National Fluoridation Engineer in the Centers for Disease Control and Prevention (CDC), Division of Oral Health, is awarded the CDC Jeffrey P. Koplan Award. This award is the highest honor that the CDC's National Center for Chronic Disease Prevention and Health Promotion can bestow on one of its employees. OHK's Community Water Fluoridation Specialist, Kelly Rippel (left) and Kip Duchon (right) are pictured here at the National Oral Health Conference this year.

Kip will retire June 30. Read more about Kip's award here.
Reserve A Sugary Drink Display

Our Sugary Drink Display has been traveling all over Kansas. Don't wait to make your reservations!

What is a Sugary Drink Display? It's our drink display that has 10 popular beverages and shows how much sugar is in each. You can reserve a child drink display or an adult drink display for a month.

Spots fill up quickly! We will do our best to fulfill requests of less than 30 days but there is no guarantee.

There is no charge to use the Sugary Drink Display; postage is reimbursed if you send in your receipt. All we ask is for you to fill out our survey included in the display materials and provide us with feedback about the display. Click here to make a reservation!

Interested in purchasing a Sugary Drink Display? Great, email us at info@oralhealthkansas.org and we'll send you more info!

Save The Date!

The Conference on Oral Health is scheduled for Friday, November 8 at the KState Olathe Campus, 22201 W Innovation Dr., Olathe, KS 66061.

We have an exhilarating speaker lineup. CE's will be available. Watch for updates!