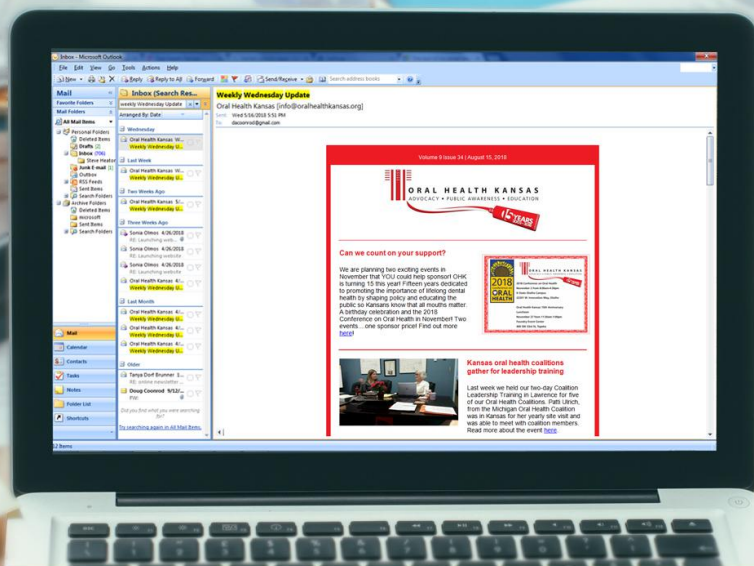




ORAL HEALTH KANSAS
ADVOCACY • PUBLIC AWARENESS • EDUCATION



WEEKLY WEDNESDAY UPDATE

The Weekly Wednesday Update is our newsletter which we email every Wednesday with oral health, health and policy updates from around the state and nationally.

To view past issues [click here](#).

Click here to sign up for our [Weekly Wednesday Update](#).

May 22, 2019

Volume 10, Issue 21

We Wish You Well!

Our hearts will be sad next week when we say "Goodbye" to our Community Coalitions Coordinator, Doug Bowman who is leaving to pursue another journey in his career. Doug has been with us for just over four years and has done a great job of cultivating local coalitions. We are lucky to have eight coalitions in the state now, and that means not only will we miss him at the office, but the coalitions also will miss him across the state. Doug's last day will be May 31.



We will continue to keep the coalitions running! If you have any questions related to the oral health coalitions, please call 785-235-6039 or email us at info@oralhealthkansas.org.



Read Beverage Labels For Hidden Sugars

A recent study shows drinking too many sugary beverages can lead to an increased risk of early death. The sugars found in orange juice, although naturally occurring, are pretty similar to the sugars added to soda and other sweetened beverages, the study suggests. Jean A. Welsh, a co-author of the study said "Previous research has shown that high consumption of sugars like those in soft drink and fruit juices is linked to several cardiovascular disease risk factors,". Obesity, diabetes and elevated triglycerides (a type of fat found in the blood) are among the risk factors linked to excessive sugar intake. "Few studies have been able to look at how this consumption might impact mortality risk," she said. Read more information about the [story here](#).

Learning how to read labels on beverages can eliminate the risk of drinking too many sugary beverages. Consumption should be moderated in children and adults. Our Sugary Drink Display is a great education piece to show how much sugar is in beverages we like to drink! Read more below and visit our [website](#) to learn more.



Walmart Raises Age To Purchase Cigarettes

Starting July 2019, you will now have to be 21 to purchase cigarettes at all Walmart stores in the United States. Walmart was one of the retail stores that was recently put on notice for selling nicotine products to minors. It will also stop selling fruit and dessert flavored e-cigarettes. Walgreens has also come forward and said it will raise the minimum age to 21 starting in September.

Arkansas, California, Hawaii, Illinois, Maine, Massachusetts, New Jersey, Oregon, Utah, Washington and Virginia, as well as hundreds of metropolitan areas including New York, Chicago, San Antonio, Boston, Cleveland, Minneapolis and Washington, have raised the age for sale of tobacco products to 21.

Read the full story [here](#).



Office Will Be Closed May 27

The Oral Health Kansas office will be closed on Monday, May 27 in honor of Memorial Day. We will be open Tuesday, May 28!



Kansas Department of Health and Environment (KDHE) announces that Dayna Brinckman, DDS, CHCEF, has been named as the State Oral Health Officer. "We are excited to welcome Dayna to our agency. She brings a wealth of knowledge and outreach experience which will benefit our state

greatly," said Lee Norman, KDHE Secretary.



Photo courtesy of
Health Partnership Clinic

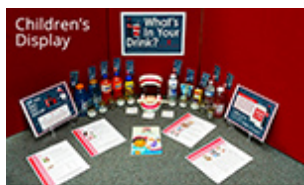
Brinckman received her Doctor of Dental Surgery degree from the University of Missouri, School of Dentistry, and her bachelor's degree from the University of Kansas.

Brinckman previously served as the Chief Dental Officer for the Health Partnership Clinic in Olathe and as an Outreach Dentist for ReachOut Healthcare America in Kansas City, Kansas.

For more information, contact Ashley Jones-Wisner, ashley.jones-wisner@ks.gov or 785-296-5795.

Reserve A Sugary Drink Display

Our Sugary Drink Display has been traveling all over Kansas and even Tennessee! Don't wait to make your reservations!



What is a Sugary Drink Display? It's our drink display that has 10 popular beverages and shows how much sugar is in each. You can reserve a child drink display or an adult drink display for a month.

Spots fill up quickly! We will do our best to fulfill requests of less than 30 days but there is no guarantee.



There is no charge to use the Sugary Drink Display; postage is reimbursed if you send in your receipt. All we ask is for you to fill out our survey included in the display materials and provide us with feedback about the display. Click [here](#) to make a reservation!

Interested in purchasing a Sugary Drink Display? Great, email us at info@oralhealthkansas.org and we'll send you more info!



Save The Date!

The Conference on Oral Health is scheduled for Friday, November 8 at the KState Olathe Campus, 22201 W Innovation Dr, Olathe, KS 66061. Watch for updates!

Follow Us



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