

From: Oral Health Kansas [jparnell@oralhealthkansas.org]
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Subject: February is Children's Dental Health Month



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Congratulations!

Help Oral Health Kansas Congratulate Kathy Trilli for her grant submission and acceptance!

Kathy has received a grant to be an Oral Health Parent Education for Children/Youth with Special Health Care Needs (CYSHCN) at the Kansas University Cerebral Palsy Clinic, Wesley Medical Center in Wichita, Kansas

Here is a brief description of Kathy's project: An Extended

Children's Dental Health Month

February is Children's Dental Health Month and Oral Health Kansas (OHK) wants to help spread the word about the importance of oral health in children.

February is National Children's Dental Health Month, to raise awareness about the importance of oral health. Developing good habits at an early age and scheduling regular dental visits helps children get a good start on a lifetime of healthy teeth and gums.

Whether you're a member of the dental team, a teacher or a parent, Oral Health Kansas has put together on our website age specific oral health packets that can help with oral health presentations, ideas for the classroom and coloring and activity sheets that can be used as handouts. To view these packets [CLICK HERE](#)

Here are a few tips to help keep children's teeth healthy:

Start Early

Begin caring for your child's teeth soon after they are born. After each feeding, gently wipe the gums with a soft, damp cloth.

Establish Good Habits Early

Once the first tooth appears, begin brushing and flossing your child's teeth. Children should not use toothpaste with fluoride until they have the ability to spit it out instead of swallowing it.

Care Permit (ECP) dental hygienist, as part of a multidisciplinary medical/health care team, meets with children with Cerebral Palsy and their families from across Kansas to provide parent education and dental hygiene services.

Kathy's goal is to improve the oral health of Kansas children and youth diagnosed with Cerebral Palsy by strengthening the families' competence and confidence to provide daily oral hygiene care.

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Early Dental Visits

Children should have their first dental visit about six months after the tooth appears.

Help Fight Decay

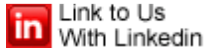
Fluoridated water is an effective way to prevent tooth decay. Sealants are another way to help fight decay.

Protect The Teeth

A mouth guard is a must for anyone playing sports.

February 2011 Children's Dental Health Month

If you have an idea, story or suggestion for a Oral Health Kansas Weekly Wednesday Update please send an email to jparnell@oralhealthkansas.org



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