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Sunflower Foundation 2010 Grantee Conference

The Sunflower Foundation invites you attend their 2010 Annual Grantee Conference, "On the Front Line: Local Response to Health Reform," on Wednesday, October 27 and

Smokeless Tobacco Facts or Myths



With the statewide smoking ban now in effect, many tobacco users may be turning to smokeless tobacco. What they may not realize is that smokeless tobacco is just as bad, if not worse than smoking cigarettes.

Test your knowledge to see how much you know about smokeless tobacco and see which of the following are facts and which are myths.

1. When you chew tobacco you spit the nicotine and all the other poisons, out with the chew?
2. Smokeless tobacco use will improve your social and romantic life?
3. Spit tobacco is an important part of baseball?
4. Tobacco industries communicate the facts about the dangers of smokeless tobacco in an honest manner?
5. If you only chew tobacco for 5 years or less you won't get cancer or heart disease?
6. Good oral health care will offset the harmful effect of dip or chewing tobacco?
7. Smokeless tobacco is easy to give up and you can quit any time you want?

To read more facts and myths about smokeless tobacco, and too see if you are correct in which of the above statements were facts and which were myths [CLICK HERE](#)

KanQuit

If you are ready to quit, we are ready to help! A counselor will work with you during one on one phone calls to create your plan to quit tobacco use and fight cravings. Call 1-800-QUIT-NOW (784-8669)

Thursday, October 28, 2010
at the Oread Hotel in
Lawrence, Kansas.

What role can you and your organization play, and what do you need to know to serve your patients and clients?

Experts at the state and national level will present information with plenty of time for Q & A that will help you better understand how health reform will impact you at the local level.

Mark your calendar to join the Sunflower Foundation for two days of dynamic speakers and interactive workshops.

**For more
information
[CLICK HERE](#)**

[Join Our Mailing List!](#)

For more information on the Kansas Department Health and Environment: Tobacco Use Prevention Program [CLICK HERE](#)



New Executive Director at Kansas Health Consumer Coalition

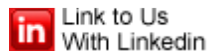


Anna Lambertson has been named Executive Director of the Kansas Health Consumer Coalition (KHCC). Anna has been integral to KHCC's growth over the past few years and has served as our Interim Director since May.

Please join OHK in welcoming Anna to her new position.

Congratulations Anna!

If you have an idea, story or suggestion for a Oral Health Kansas Weekly Wednesday Update please send an email to jparnell@oralhealthkansas.org



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