



# ORAL HEALTH KANSAS

ADVOCACY • PUBLIC AWARENESS • EDUCATION

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## Dental Champions Corner

This week, Dental Champion Members Pam Smith (Class VII) and Rachel Alexander (Class VIII) spoke to fourteen dental hygiene students at Manhattan Area Technical College about community water fluoridation. The students were eager to learn more!

Great job Pam and Rachel!



Pam Smith

## Time is running out! Hotel block of rooms ends SOON!



We have a block of rooms at the Doubletree Hotel in Overland Park, Kansas, for our conference in November. If you have not booked a room, the deadline is **October 11**. To get the OHK rate of \$106 a night, you must reserve by this date. Book soon, the rooms are almost sold out!

To reserve your room call Reservations at 913-323-1947 between 7am-4pm or the front desk 24/7 at 913-451-6100.



Rachel Alexander



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### Share your experiences about KanCare

The KanCare Advocates Network (KAN) and the Big Tent Coalition will host a community conversation about the Kansas Medicaid managed care program, KanCare, on Tuesday, October 18 in Wichita. The meeting will be 1p-3p in the McNamara Conference Room, Via Christi St., Joseph Hospital, 3600 E. Harry.

KanCare recipients and their families and providers of medical and home and community based supports and services will have an opportunity to discuss their experiences under KanCare including issues such as the eligibility process and backlog, provider rates, network capacity, accessibility of services and choice.

If you would like to speak publically about your KanCare experiences, please contact [Sean Gatewood](#) or call him at 785-220-5355. There will also be an "open mic" period at the

Ask for the block under Oral Health Kansas or click on this [link](#). The block code is OR3.



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### OHK conference session opportunity: Challenges in Community Water Fluoridation

The Oral Health Kansas annual conference is November 3-5 in Overland Park, Kansas. During this time, you will have the opportunity to listen to dentist Nick Rogers share his struggles he endured to keep water fluoridation in his community. Pam Smith with the Kansas Department of Health and Environment, Bureau of Oral Health will speak about resources in the state to understand and prepare for fluoridation challenges.

end of the formal agenda for audience members to make brief comments.

Please RSVP to Barb Conant at [baconant@hotmail.com](mailto:baconant@hotmail.com) to attend.



An independent voice for those served by KanCare.



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### Advocacy trainings across the state

The American Cancer Society will be having training's across Kansas to teach you how to be an advocate during the legislative process. The three meetings are below:

Monday, October 10, 2016, 6:00 PM to 7:30 PM

Beth Tedrow Student Center  
The Bill Kinney Room  
Garden City Community College  
801 Campus Drive \* Garden City, KS 67846

[Register](#)

Thursday, October 20, 2016  
6:00 PM to 7:30 PM

Alford Library Meeting Room  
Wichita Public Library- Alford Branch  
3447 S Meridian Ave, Wichita, KS 67217



We have a jam packed day of enlightening sessions! [Register](#) for our conference NOW-the **first 80 people** to register will receive a complimentary book from our Keynote Speaker, Michael Shermer.

The Oral Health Kansas Conference attracts a cross section of people dedicated to improving oral health. Anyone who would like to join us, is encouraged to attend! Up to 8.75 CE's will be available.

If you have any questions, [contact us!](#)

## Register

Tuesday, October 25, 2016  
6:00 PM to 7:30 PM  
Topeka Public Library- Marvin  
Auditorium 101A  
1515 SW 10th Ave, Topeka, KS  
66605  
Topeka, KS  
Register



## Sugary Drink Display

Our drink displays are getting around! We are almost all booked for the month of October. People are reserving them for their clinic waiting rooms or health fairs.

Our sugary drink display contains 10 popular beverages and shows how much sugar is in each. The display is free to use, we reimburse postage. You must sign up to reserve a sugary drink display. Slots fill up fast so if you need it for a specific date, please check in with us in plenty of time.



## Should my child use fluoride toothpaste?

You might contemplate whether or not you should have your child use toothpaste with fluoride. The answer is: YES. And you should too! [The American Academy of Pediatrics \(AAP\)](#) recommends fluoridated toothpaste for all children starting at tooth eruption, regardless of caries risk. Brushing with non-fluoride provides no benefit. Recommendations include:

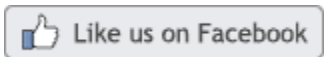
- From the first tooth up to the third birthday, use a tiny smear of fluoride toothpaste the size of a grain of rice. After the third birthday, use a pea-size amount.
- A smear (the size of a grain of rice) of toothpaste should be used up to age 3. After the 3rd birthday, a pea-sized amount may be used. Parents should dispense toothpaste for young children and supervise and assist with brushing.



ORAL HEALTH KANSAS

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- Fluoride varnish is recommended in the primary care setting every 3-6 months starting at tooth emergence.
- Over-the counter fluoride rinse is not recommended for children younger than 6 years due to risk of swallowing higher-than-recommended levels of fluoride.



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