



**ORAL HEALTH KANSAS**  
ADVOCACY • PUBLIC AWARENESS • EDUCATION

Volume 5, Issue 40

October 15, 2014

### **In This Issue**

[Conference Hotel Rate  
Extended](#)

[Systemic vs. Topical  
Fluoride](#)

[MouthHealthy Halloween](#)

[Traveling Sugary Drink  
Display](#)

[Rural Care Models](#)

[Salina Campaign in Full  
Force](#)

[Dental Champions Corner](#)

[New OHK Tips and Tricks](#)

## **Conference Hotel Rate Expires Friday**

The deadline for special rates at Hotel at Old Town expires this Friday, October 17th!



## **Only 5 More Days for Early Bird Registration!**

Due to popular demand, the Oral Health Kansas Conference early bird deadline has been extended to **Monday, October 20th**. By registering early, you will save as much as 15 percent!



The conference brochure and on-line registration are available through [Wichita State University](http://Wichita State University). Please contact Oral Health Kansas with any questions: 785-235-6039 or [info@oralhealthkansas.org](mailto:info@oralhealthkansas.org).

## **Innovative rural care models featured at**

Take advantage of this discounted rate by calling 316-267-4800 or book online at [www.hotelatoldtown.com](http://www.hotelatoldtown.com) using code ORALKS14.

## Systemic vs. Topical Fluoride

Ever wonder why fluoride in the drinking water is important, given that it's already in toothpaste and fluoride varnish? Kansas Dental Director Cathy Taylor-Osborne explains why [in this video](#). Check it out!



## MouthHealthy Halloween

With Halloween right around the corner, it can be a scary time for healthy teeth. The [American Dental Association](#) has highlighted some great tips to keep this

## Conference

Kansans have been on the cutting edge of creative and effective dental care delivery models for many years. Three panelists will describe how they are meeting the needs of people in their small communities with creative solutions.



Ashley Swisher



Krista Hahn



Mary Sweet

After dental school, Dr. Ashley Swisher started a dental practice in a small community that has grown to address the needs of people of all ages by serving friends and family in the ways they need.

Krista Hahn is an ECP hygienist responsible for a dental program at a small-town safety-net clinic that not only focuses on the whole person, but also actively engages in outreach to rural nursing homes.

Mary Sweet is the CEO of a small-town hospital that has seen massive change and embraced creativity in meeting the needs of the town's residents, including hosting a dental clinic on a regular basis.

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## Salina Campaign in Full Force

The campaign to educate Salina voters to **Keep Fluoride Vote NO** is in full swing. The [website](#) is up, as are 1500 yard signs, ads on the CityGO bus routes, campaign posters in businesses, and mailers have landed in voters' mailboxes.

Halloween cavity free!



One tip is to eat Halloween candy and other sugary foods with meals or shortly after mealtime. Saliva production increases during meals and helps cancel out acids produced by bacteria in your mouth and helps rinse away food particles.

## Traveling Sugary Drink Display

Reserve our traveling Sugary Drink Display for your business or event! Reservations are made for one month at a time. Return postage is covered by Oral Health Kansas.

[E-mail Sarah here](#) if you would like to make reservation.



[Join Our Mailing List!](#)

Salina Royals fans watching the game on television got a surprise when this [ad aired](#). The best is yet to come in a final push before election day.

In the meantime, we would like to recognize the volunteers on the ground who have taken media calls, done radio interviews, written letters to the editor, called voters, walked doors and handed out campaign literature. You are all public health heroes! Thank you for your dedication to the effort!

To see what supporters are saying in the Letter to the Editor pages of the Salina Journal, click here: <http://keepfluoride.com/why-fluoride/press/>



## Dental Champions Corner

Congratulations to Dr. John Fales (Class 4) on being inducted into the American College of Dentists as a Fellow! *(pictured on the far right)*



## New OHK Tips and Tricks



Toothbrushing is an essential part of oral health for people of all ages. Check out the new [Tooth Brushing Tips and Tricks](#) from Oral Health Kansas! These easy to follow steps can help children and adults get the most out of their daily brushing routine.

If you have an idea, story or suggestion for a Oral Health Kansas Weekly Wednesday Update please contact us at [info@oralhealthkansas.org](mailto:info@oralhealthkansas.org).

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