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From: Oral Health Kansas [jparnell@oralhealthkansas.org]  
Sent: Wednesday, January 12, 2011 2:01 PM  
To: jparnell@oralhealthkansas.org  
Subject: New Recommended Water Fluoridation Levels



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## New Recommended Water Fluoridation Levels

Recognizing Community Water Fluoridation as one of the nation's top 10 public health achievements of the 20th Century, the U.S. Government released updated scientific findings and recommendations for public water systems. The Centers for Disease Control and Prevention (CDC) notes that widespread use of fluoridated toothpaste now allows for reduced levels of fluoride delivered in water.

"Updating water fluoride levels to better reflect today's environment makes good sense. This adjustment keeps the tremendous benefits of water fluoridation for all of us while recognizing that circumstances have changed since fluoridation began decades ago" said Burton Edelstein, President of the Children's Dental Health Project. "The Children's Dental Health Project applauds the collaborative efforts of the U.S. Department of Health and Human Services (HHS) and the Environmental Protection Agency (EPA) to use the latest science to update their public health recommendation. Since childhood tooth decay remains the single most chronic condition in the U.S., optimizing prevention at the right level of fluoride is a win for America's children" added Dr. Edelstein.

The Government's action reaffirms the proven benefits of fluoridation for all Americans. Water fluoridation is particularly beneficial during childhood and in

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adolescence when cavity experience first begins. Not only do children who drink fluoridated water have fewer cavities but their cavities are smaller and less deep when they do occur. Community water fluoridation continues to be one of the few oral health preventive approaches that can reach all children in communities nationwide, regardless of their socio-economic status or access to dental care.

"In no way does this adjustment mean that public health authorities are backing off of their commitment to fluoridating water" said Edelstein. "In fact, capping water levels at the newly recommended level (0.7 parts per million) is the best way to meet children's needs while also reducing the chance that a child will develop fluorosis. Edelstein added that "Parents can take steps to limit the chance of fluorosis from toothpaste by supervising tooth brushing."

Links to federal announcements can be found on the Children's Dental Health Project website at [www.cdhp.org/news/fluoride](http://www.cdhp.org/news/fluoride).

Questions? Visit the CDHP website at [www.cdhp.org](http://www.cdhp.org) or contact Colin Reusch at 202-833-8288 x202 with media inquiries.

**This story is from the Children's Dental Health Projects Health Policy Check Up, January 11, 2011 Update.**

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## Weekly Wednesday Update Survey

Over the past year Oral Health Kansas has been sharing regular updates through our Weekly Wednesday Updates. We hope you have found these to be valuable.

We would like to have your input as we plan our update topics for the next year. Please take just a few moments to respond to a brief survey at [www.surveymonkey.com](http://www.surveymonkey.com)

If you encounter any trouble with the survey, please let us know.

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**Now Accepting Applications for the 2011-2012 Dental Champions Leadership Program Class**

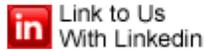
Oral Health Kansas is pleased to announce we are recruiting for our fifth class of the Dental Champions Leadership Program. Dental Champions is a yearlong leadership program designed to develop a network of champions who are prepared to advocate to improve oral health in Kansas.

To learn more about the program, including how you can apply to join the fifth class, please [CLICK HERE](#).

**Applications are due January 31, 2011.**



If you have an idea, story or suggestion for a Oral Health Kansas Weekly Wednesday Update please send an email to [jparnell@oralhealthkansas.org](mailto:jparnell@oralhealthkansas.org)



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