

# National Children's Dental Health Month February 2023



National Children's Dental Health Month began with a one-day event in 1941 and has grown into a month-long nationwide celebration. NCDHM messages can help establish attitudes and habits at an early age that are critical in maintaining good oral health throughout life. By participating in the annual celebration of National Children's Dental Health Month, your organization can help keep children's smiles beautiful now and for years to come.

Events to consider in your community:

- Social Media Campaign
- Health fairs
- Free dental screenings
- Museum exhibits
- Classroom presentations
- Dental office tours

## **Resources**

### **American Dental Association**

[NCDHM Planning Guide and order form](#)

### **American Academy of Pediatrics**

[Brush, Book, Bed](#)- A simple way to structure a child's nighttime routine.

### **Office of Head Start**

[Cook's Corner: Recipes for Healthy Snacks](#)

[Oral Health Social Media Toolkit](#)

This toolkit is loaded with short clever videos and colorful still graphics to share on Facebook, Instagram, Twitter, and more. Check it out!!!

[Oral Health Tips for Families](#)

Available in English and [12 other languages](#)

[Healthy Habits for Happy Smiles](#)

This series of handouts for pregnant women and parents of infants and young children provides simple tips on oral health issues. Available in English and Spanish.