

TIPS AND TRICKS

DENTAL APPOINTMENT DO'S



DO . . . Keep your dental appointment!
If you have to cancel, call and let them know and reschedule if possible.



DO . . . Talk about your child's first dental appointment in a positive way. Ask the hygienist and dentist to explain to your child what they will be doing.



DO . . . Don't let your child hear the words HURT, PAIN, or SCARED when you are talking about going to the dentist.



DO . . . Tell the hygienist and dentist about any fears or concerns that your child may have.



DO . . . Have your child brush their teeth right before going to their appointment.



DO . . . Make it a fun experience for your child.



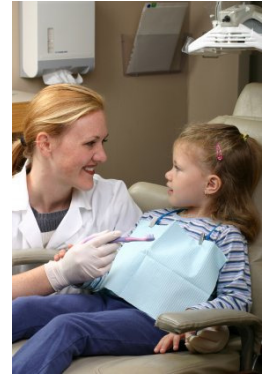
DO . . . If you have other children, keep them from trying to scare your child that is going to the dentist for the very first time.



DO . . . Keep from talking about bad dental experiences around your child who is going to the dentist for the very first time.



DO . . . If possible only bring the child who is going to be seeing the dentist to the appointment.



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