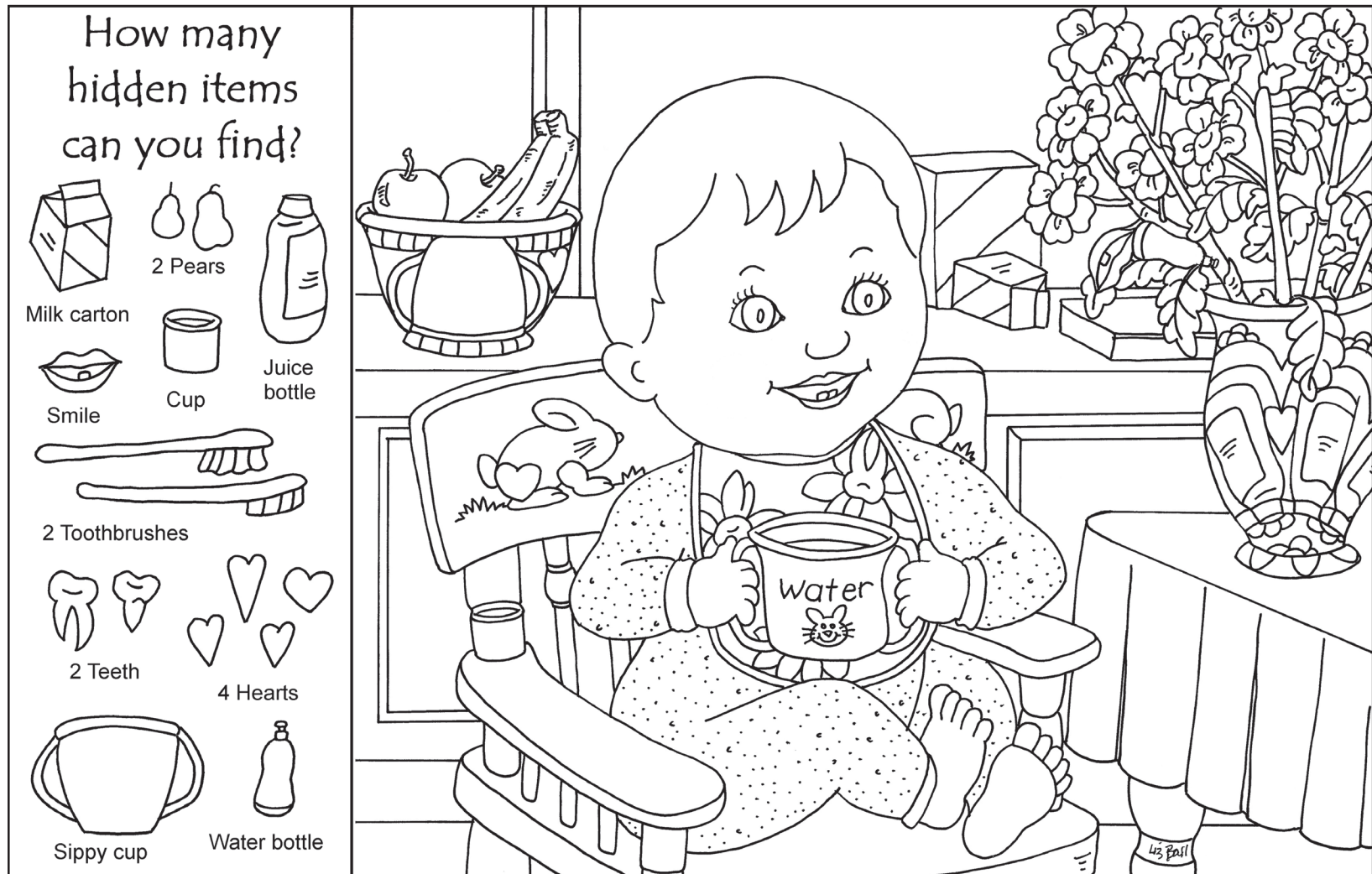


# Is your baby... thirsty for health?



- Switch from bottle to cup by age one
- Offer only water or milk between meals
- Sleep without a bottle or sippy cup
- No juice until age one, and never in a sippy cup



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