# **RESOURCES**for Adaptive Aids

A healthy mouth helps keep your body healthy. People who brush their teeth every day have fewer dental problems. The products and sellers shown are only examples and not an endorsement. Finding a tool that helps you keep your mouth (and teeth) clean is a great step towards a healthier life.

Specialty Toothbrushes		
Name	Description	Sample Seller
1. Collis Curve	Bristles reach inside, outside and biting surfaces at the same time	www.kleenteeth.com
2. Surround	3 bristle pads to efficiently clean all surfaces at the same time	https://specializedcare.com
3. DexTBrush	Reaches all surfaces of teeth and includes tongue cleaner	www.amazon.com
4. Toothbrush with suction	Connects directly to standard suction tubing to more easily suck out the spit and other solutions from mouth	www.rehabmart.com
5. Power toothbrush	Wide variety of features and cost	discount stores pharmacies
1.	3. 4.	5.

# **Adaptive Devices for Toothbrushes**

Name	Description	Sample Seller
1. GripEazy Expand	Expands size of toothbrush handle for enhanced grip	https://orabrite.net
2. GripEazy Extend	Extends reach of brush for those with range of motion limitations	https://orabrite.net
3. Foam handles	Instantly creates a larger gripping surface	www.caregiverproducts.com www.wrightstuff.biz
4. Weighted Holder	Large diameter handle holds toothbrush and adds weight to ease use	www.caregiverproducts.com www.wrightstuff.biz
5. Utensil holder	Webbed hand strap to hold utensil or toothbrush	www.caregiverproducts.com www.wrightstuff.biz
1. 2.	3. 4.	5.

# Specialty Toothpaste

Specialty lootilpaste		
Name	Description	Sample Seller
1. Non-foaming	Does not contain Sodium Lauryl Sulfate (SLS)	discount stores pharmacies
2. Flip top	Cap flips open instead of screwing motion	discount stores pharmacies
3. Pump	Uses a hard cased canister to dispense toothpaste	discount stores pharmacies
4. Unflavored Toothpaste	Good for people who are sensitive to strong flavors. Make sure the toothpaste still contains fluoride to protect from cavities.	www.amazon.com
1. SIS-NON-SIS	2.	UNFLAWORED  TOOTHPASTE

## **Adaptive Devices for Toothpaste** Description Sample Seller Name Squeezes toothpaste tubes by 1. Squeezer www.rehabmart.com applying pressure with the palm or www.wrightstuff.biz turning a key Toothpaste dispenser automatically 2. Dispenser www.amazon.com squeezes tube 1. 2.

# Other Adaptive Devices

Other Adaptive Devices				
Name	Description	Sample Seller		
1. Mouth Rest	Made of foam with a rigid core to add stability. It is sturdy enough to resist biting pressure, but has enough "give" to be comfortable.	https://specializedcare.com		
2. Oral Swabs	Spongy disposable swabs that can be used to moisturize oral tissues and remove pocketed debris from mouth.  Not effective as a toothbrush.	www.rehabmart.com www.caregiverproducts.com www.wrightstuff.biz		
3. Weighted glove	Fingerless design adds weight to ease tremors	www.caregiverproducts.com		
4. Forearm weight	Decreases tremors during fine motor tasks	www.caregiverproducts.com		
1.	2.	3.		
4.				

### **Dry Mouth Relief** Sample Seller Description Name Provides lubricating comfort and 1. Gels, rinses, and discount stores lasting dry mouth symptom relief pharmacies sprays Ends dryness by coating, lubricating discount stores 2. Lozenges and stimulating saliva and freshening pharmacies breath. Protects teeth and minimizes irritation 3. Toothpaste discount stores pharmacies 2. 1. 3.



Aylitol in long-lasting adhering discs

OraCoat

Rated Most Effective by Dentitate
Cinculars Report: March 2016\*

XyliMelts

for ciry mouth
Mild-Nint

For use while sleeping and daystine
Coats, melastrace and subrotate's "Simulates salival
Reduces risk of both decay" - Non-actic pit 8

Reduces plague by 50%



Flossing Aids			
Name	Description	Sample Seller	
1. Floss holder	Holds floss tight while in use	discount stores pharmacies	
2. Water flosser/oral irrigator	Uses water pressure and pulse principle to remove germs from under the gums and in between the teeth	discount stores pharmacies	
3. Flossing picks	Small, single use flosser	discount stores pharmacies	
1.	2.	3.	

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