

# Brush, Book, Bed



## POSTTEST QUESTIONS

**1. How regularly are you brushing and checking your child's teeth?**

Never      Sometimes      Most of the time      Always

**2. How often do you read 1 or more books at bedtime with your child (children)?**

Never      Sometimes      Most of the time      Always

**3. Have you been able to establish a regular bedtime that is going smoothly most nights?**

Never      Sometimes      Most of the Time      Always

*Brush Book Bed is a project by the AAP and is funded by KDHE Bureau of Oral Health*

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of Pediatrics



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